



Kirby Parent Speaker Series

Join us for these upcoming evenings with experts who will provide tips and insights to help support you and your child through the exciting -- and challenging -- years of adolescence.

Additional speakers will be added throughout the year. Look for details in your weekly blasts and on the Kirby website.

Topics addressed will include nutrition, drug use, anxiety, over-whelm, cell phone use, friendships, confidence, constructive ways to express anger, and more.



ANNOUNCING THE KIRBY PARENT SPEAKER SERIES

The Parent Speaker Series is a partnership between the Parent Association and Kirby School. Together we bring recognized experts to Kirby School to share current research and knowledge about raising healthy children throughout the adolescent years. Join us in the Great Hall for great ideas. All speakers begin at 7pm. Join us for light refreshments starting at 6:30pm.



Drug Awareness and Prevention Expert

Jonathan Scott from Miles to Go Drug Prevention Education speaks with parents, students and school faculty on alcohol, drug, and substance use.

October 2, 7-8pm



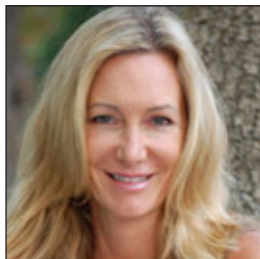
Navigating Middle School

For the concerned parent of the overwhelmed pre-teen, this dynamic duo of Middle School Therapist and Steps to Success educator offer constructive support to parents. Learn tips on how to help without enabling.



Rebecca Leib, PhD, Middle School Therapist
Heather Sommerville, Steps to Success

November 15, 7-8pm



How to Parent A Teenager

Author of "Parenting a Teen Girl" and local therapist Lucie Hemmen, shares insights into the adolescent mind and body.

January 15, 7-8pm



Cyber Education

Instructional technologist, Lori Getz, brings a decade of expertise to school communities. She will discuss healthy technology use and student cell phone use.

February 12, 7-8pm